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(74) Agents: MINOJA, Fabrizio et al.; Bianchetti Bracco Mi-
noja S.r.L., Via Plinio, 63, I-20129 Milano (IT).

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(71) Applicants (*for all designated States except US*): IN-
DNA S.p.A. [IT/IT]; Viale Ortles, 12, I-20139 Milano
(IT). BOEHRINGER INGELHEIM INTERNA-
TIONAL GMBH [DE/DE]; Binger Strasse 173, 55216
Ingelheim am Rhein (DE).

(72) Inventors; and

(75) Inventors/Applicants (*for US only*): MORAZZONI,
Paolo [IT/IT]; Viale Ortles, 12, I-20139 Milano (IT).
PETRINI, Orlando [CH/DE]; Binger Strasse, 173,
55216 Ingelheim am Rhein (DE). SCHOLEY, Andrew
[GB/DE]; Binger Strasse, 173, 55216 Ingelheim am Rhein
(DE). KENNEDY, David [GB/DE]; Binger Strasse, 173,
55216 Ingelheim am Rhein (DE).

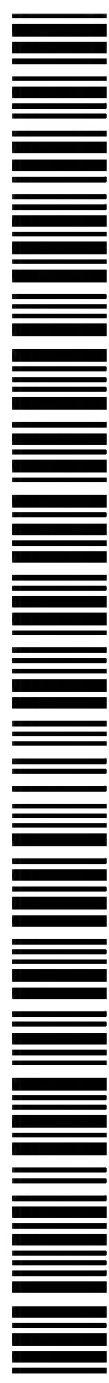
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(54) Title: USE OF A GINKGO COMPLEXES FOR THE ENHANCEMENT OF COGNITIVE FUNCTIONS AND THE ALLE-
VIATION OF MENTAL FATIGUE

(57) Abstract: The invention is directed to the use of *Ginkgo* complexed with phosphatidylserine for the manufacture of a medica-
ment or a dietary supplement for the enhancement of cognitive function and mental fatigue, i.e. to improve the factors related
therewith such as to improve the speed of memory and memory quality, to increase accuracy and attention in activities in normal,
healthy subjects, to prevent deterioration of the speed and quality of memory in people with decreased cognitive functions and to
counteract cognitive fatigue, having also an influence on the mood, particularly in healthy children, young adults, middle-aged and/or
old people. It is further provided the use of the *Ginkgo* phosphatidylserine complex for the treatment and prevention of a disease
related with a decrease of the cognitive function and mental fatigue such as Dementia, e.g. Alzheimer's Disease.



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